## To the Chairperson and Members of the South East Area Committee

#### Report of the Executive Manager, Central and South East Areas

#### **City Quay**

Awaiting framework agreement to be in place so tenders can be sought for public realm work. Public meeting also took place recently in relation to Elizabeth O'Farrell Park and we await draft designs. It was suggested at the public meeting that the triangular piece of ground on Townsend Street may be suitable for use as a dog park and this needs to be considered.

#### **Baggot Street Upper**

We recently received a draft proposal from City Architects for public benches on Baggot Street Upper and this will be discussed with the reps. of businesses/residents shortly.

#### **Bridge Project**

Bridge Project stakeholders meet on a bi-monthly basis and the priority is diversionary activities for young people in both the south and north inner city. This will continue in 2024.

#### **Cabbage Patch**

Awaiting information from Parks

#### **Grand Canal**

A meeting was held in January 2020 with Waterways Ireland representatives and Councillors to discuss ongoing management and maintenance of the canals in the city and to agree a new structure for interaction between Waterways Ireland and DCC. The latest meeting was held on 26<sup>th</sup> July 2023. A Bye Law consultation meeting was held with Councillors on 18<sup>th</sup> October 2023. Next meeting is due to be held in early 2024 via Teams.

#### **Portobello Harbour Square**

Ait Urbanism + Landscape were appointed as consultant for the project and two initial public consultation workshops were held on 1<sup>st</sup> and 8<sup>th</sup> June 2022 at St. Kevin's Community Centre. Concept designs were prepared by consultants based on the outcome of these workshops and these were put on public display at St. Kevin's Community Centre between 3pm and 8pm on Thursday 21<sup>st</sup> July 2022. Online consultation was open until 19<sup>th</sup> August 2022 and a large number of submissions were received. Preliminary Appraisal form has been lodged with the Capital Project Support Office (CPSO). Provision has being included in the Parks 2023/24/25 draft Capital Programme. Parks Department presented the latest design to Councillors on 18<sup>th</sup> May 2023. A further public consultation took place at St. Kevin's Community Centre on 31<sup>st</sup> May 2023 and subsequently online. The pre-part 8 process which involves engaging and agreeing the proposal with internal departments has over run, due to some issues that arose late in the design process. These are expected to be resolved in the coming weeks at which stage a full presentation will be given to area councillors. An updated program will be provided at this presentation.

#### Rathgar Village Improvement Plan (VIP)

#### Herzog Park, Rathgar – Final Phase

The final phase of the project includes the re-alignment of the front boundary of the park and the revised car park layout, as set out in the Part 8 permission. A preliminary site meeting was held with Road Construction engineers in April 2022. Surveys of the area were carried out including a drone survey and GPR Survey to assist in the design process.

Roads engineering resource is now in place and a meeting was held on site on 5<sup>th</sup> May 2023 with Roads Engineer, Parks Department and Area Office. Japanese Knotweed has been identified in the boundary which will have an impact on timeline and costs. Outline costings have now been compiled and funding options are currently being assessed, including possible funding from Irish Water for SUDS works. Timeline for works will be prepared in the coming weeks and tender prepared in early 2024.

#### Ringsend Irishtown Local Environment Improvement Plan (LEIP)

Library Square: (Mitchell & Associates) Meetings with internal stakeholders were held during April/May 2022 and work was carried out on finalising the design. A meeting was held with local businesses to agree servicing arrangements for traders on Fitzwilliam Street in November 2022. A public information meeting to present the design to the community was held in December 2022 in Ringsend Irishtown Community Centre which was well received. A Road Safety Audit was carried out in early 2023. Pre-Part 8 drawings were circulated to Technical Departments in April 2023 and all issues have been resolved. Planning Department has no objection to proceeding to Part 8 and presentation was made to the November SEAC meeting giving notice of lodgement of Part 8 planning application in November 2023. Part 8 planning application was lodged on Thursday 30<sup>th</sup> November and is open for submissions/observations until close of business on Thursday 18<sup>th</sup> January 2024.

#### **Choice Based Lettings / Allocations**

There are no units in the area currently being advertised under this scheme. Further units will be advertised in the New Year.

#### **CCTV**

Following ongoing meetings with our Data Protection section some clarity has been provided in relation to CCTV. Regarding CCTV in public places, they have confirmed that we are required to seek the authorisation of the Garda Commissioner through the Community Based CCTV Scheme process. Accordingly, the first step in installing CCTV at Benbulben Road will be to form a project team, to include members of the local community, An Garda Siochana and Dublin City Council, technical experts etc. Given the required involvement of the local community, the issues of health and safety outlined above are still a concern. However it has agreed with the Community Policing Forum that it would be appropriate for the Community Policing Forum to fulfil the Community aspect required in applying to install or retain CCTV systems in Public Places. The local Gardaí also believe this would be an appropriate way to proceed. Accordingly, we intend to commence a process for installing CCTV at Benbulben Road once the CPF have written to the local Garda Superintendent and DCC, notifying them of their intention to establish a CCTV scheme in that locality. There is a detailed and lengthy process to undertake before an application for authorisation can be submitted and it is crucial that all steps in the process are closely followed in order to ensure the best chance of securing the authorisation of the Garda Commissioner. It should also be noted that the ultimate outcome in this matter may well be that CCTV is not justified at this location, at this time.

A further meeting with An Garda Siochana is due to take place on 15 December and we hope this will provide further clarity on the issues.

#### Former Fr. Lar Redmond Hall, Keeper Road, Drimnagh

This community hall has been vacant for many years and Housing Development are proposing to redevelop the site for Housing. The site will be developed by Respond Housing and the

proposal is to build Older Persons Units on the site. Information days took place in Dolphin's Barn Library on Wednesday 25<sup>th</sup> and Thursday 26<sup>th</sup> January. The main comments related to the proposed height of the developments and this was repeated at the presentation that was made to the Area Committee on 13<sup>th</sup> March. Following a redesign in response to points raised at the Area Committee Meeting and at the Community Consultation event Responds Architects have completed a further redesign. The main changes are as follows:

- A reduction of the overall building height from 7 to 6 storeys.
- Increase in height to the rear block from 4 to 5 storeys with the top floor set back.
- Reduction in car parking spaces provided from 5 to 3.
- Relocation of the communal room from third floor to upper ground floor, with dedicated entry from Keeper Road.
- Unit numbers have reduced from 22 to 20, due to the reduction in height, with unit areas remaining at approximately just over 50m2.

A planning application was lodged on 16<sup>th</sup> June with the last day for observations being 20<sup>th</sup> July. This application was deemed invalid. A new application was submitted on 14<sup>th</sup> July with the last day for observations being 17<sup>th</sup> August. This application was also deemed invalid as one of the three required Public Notices on the site was missing when the planning inspector visited the site. A third application was submitted on 25<sup>th</sup> August and the final date for observations to be submitted is 28<sup>th</sup> September. A decision was returned by the Planning Department on 18<sup>th</sup> October. They are seeking further information in relation to 7 issues of concern. Among these issues are the height, density and scale of the project, location of the community room and drainage for the site. Respond have 6 months from the date of decision to provide the further information.

#### Ravensdale Close/Clonmacnoise Grove

Following a meeting on Thursday 26<sup>th</sup> January with Housing Development and FOLD AHB to review feasibility studies for the redevelopment of Ravensdale Close and Clonmacnoise Grove Senior Citizens complexes it was agreed that both projects were viable. The plans are currently being finalised and consultation with residents has commenced. So far there has been a very positive response from residents. Outline designs were presented to Area Councillors on November 16<sup>th</sup> and received a generally positive response. FOLD will take on board issues that were raised and will review the designs with the architects.

#### **Rosary Hall**

After receiving extra funding of €240k which was approved at the April City Council meeting (as well as €125k already allocated), it was decided to retender the entire proposed works. Meetings took place with both main community groups and consultant architects during the summer 2021 to outline and agree the proposed works which included mechanical & electrical works, fire safety works, remedial works and lift replacement.

The Area Manager also engaged in meetings with both community groups regarding governance of the facility and a management agreement was finalised in May 2022.

A supervisory committee comprising of two members of the football club and two members of the Harold's Cross Village Community Council (HXVCC) and the Area Manager will be established to optimise the use of the facility for the benefit of the Community.

Tender documentation was completed and advertised and tenders were received back on February 14<sup>th</sup>. When these tenders were assessed by Consultants it was apparent that construction inflation has led to a significant increase on the previously estimated cost.

A full Corporate Project Support Office (CPSO) appraisal form has been submitted in relation to the matter and it has been included in list of projects for capital funding

The disposal of the lease was agreed at the Area committee meeting in June and was brought to the July Council meeting and approved.

Final further work in relation to the agreed Protocol for Management of the Building was agreed late last year and the Lease signed

The works were tendered on 6<sup>th</sup> April and the last day for submission was the 8<sup>th</sup> May. The tenders have been assessed and preferred bidder selected.

There were no challenges to the Tender during the standstill period and all relevant documentation has been checked and verified. The letter of acceptance has been signed and the contract awarded to the preferred bidder. As there is a mobilisation period of 8 weeks the works will commence in mid-January to avoid starting in December.

The Area Manager and Consultants will meet with the Contractor in the coming weeks to discuss the Project and the Councillors and Community will be kept appraised

#### **Age Friendly Initiative Harold's Cross**

The Age Friendly Committee for Harold's Cross has been operational since early 2020. A draft report was submitted by the Harold's Cross Village Community Council (HCVCC) in conjunction with Rob Chester, Area Community Officer and it was agreed to progress a number of these proposals, funding permitting.

A subgroup under the Housing SPC has been convened to look at the City Wide Age Friendly Strategy. Under this structure, submissions for funding may be advanced, including the Harold's Cross project.

It has been agreed by the elected members that further monies (€k) will be allocated to this age friendly initiative in the discretionary funding for 2023.

IT Age Friendly tablets have been distributed to residents and have been very well received. Cliff Run Media have supplied over 1,000 units to established age friendly projects across the country; the tablet comes with one year's free WIFI and are dignity proofed to make access as easy as possible.

It is anticipated that when the works are completed on Rosary that it can play a pivotal role in age friendly activities going forward.

During 2022 there were a number of trips organised including visits to Russborough House on April 11<sup>th</sup> the National Stud on 27<sup>th</sup> Sept,

There was also a Ageing Well Café meeting in McGowans in May and a further Event took place in McGowans on 7<sup>th</sup> December

Further monies has been set aside in the Discretionary Fund this year for the HX Age Friendly Initiative.

A meeting of the sub Group took place on 30<sup>th</sup> May and a main workshop took place on 8<sup>th</sup> June.

The Area Manager would like to thank Cllr Feeney and Tony McDermott for their facilitation on the evening and the collation of the information from the participants.

The final AF meeting of the year took place on Dec 5<sup>th</sup> and the Harold's Cross 'Ageing Well' Christmas Party took place on 12th December with 112 attending

#### **Rutland Grove / Eamonn Ceannt Park**

A Crumlin Halloween Mini Festival took place in Eamonn Ceannt from 12pm to 4pm on Monday 31<sup>st</sup> October 2022 and received very good feedback from the community who attended.

A 'Friends of Eamonn Ceannt' meetings took place on 15<sup>th</sup> December in the Pavilion in Eamonn Ceannt Park.and again on March 30<sup>th</sup>

Active Travel have indicated that they do not intended to proceed with the Kimmage – Clogher cycleway way at present.

Les Moore at the meeting on 30<sup>th</sup> March indicated that Active Travel have the expertise and funding and it is not his intention to sanction any roadworks that were passed as part of the Part 8.

At this meeting the 'Friends of Eamonn Ceannt' Committee visited the Area in question and the Area Manager on request has written to John Flanagan ACE of E & T Department to see if they would decrease the size of the footpath to facilitate some dedicated parking.

A further 'Friends of Eamonn Ceannt' meeting took place Wed 28th June

A meeting between the Gardaí, three local resident Groups and the Area Manager took place on Wednesday evening 31<sup>st</sup> May to highlight some of the local concerns regarding matters including anti-social behaviour, illegal parking, overflowing bins and damage to playground...

The commencement of upgrade works to the Depot begun on July 31<sup>st</sup> and a meeting took place with the local Resident's Association on August 3<sup>rd</sup> in the Pavilion in Eamonn Ceannt Park,

A very successful Summer Festival took place in Eamonn Ceannt Park on Aug 13th

The Event was very well attended with many Entertainment options.

A Halloween Festival took place on Oct 31<sup>st</sup> and was very well attended in Eamonn Ceannt Park to encourage young people and others to enjoy Halloween safely.

Works on the Depot Upgrade are continuing and discussions are ongoing with the Residents Association in relation to the placement of an ESB substation.

The awarding of the 'Green Flag' to Eamonn Ceannt Park was marked with a small ceremony with invites to the 'Friends of Eamonn Ceannt Park' on December 14<sup>th</sup>,

It is proposed to have the next Friends of Eamonn Ceannt meeting later this Month

#### **South East Area Public Domain**

Dominic Hession: Public Domain Officer Pembroke / South East Inner City Fiona O 'Shea: Public Domain Officer, Kimmage /Rathmines

#### **Weed Control**

Weed Spraying in the South East Area has now been completed for 2023.

#### **Upgrade / Enhancement of the public realm**

Village Clean-ups (Kimmage /Rathmines) Chewing Gum removal /deep clean exercise has been completed.

Windmill Park Laneway: graffiti removal, cutting back overgrowth, painting of railings, lampposts, bollards have all been completed. Resurfacing of the laneway will complete the upgrade in the New Year.

Greening of the junction at Orwell Road/Zion Road: New planters and seating has been agreed and ordered. Awaiting delivery early 2024

#### **Community Clean-ups/Leaf Collections**

Bags and equipment delivered for November - 218\_deliveries of bags /equipment\_to residents/community groups.

#### **Abandoned Bicycles 2023**

455 bikes have been removed in total for 2023.

**267 bikes** tagged and listed for removals were **gone or have been moved** by owner. 236 reports on the citizen hub, new in2023.

#### <u>Upgrade / Enhancement of the public realm</u>

Crampton Court resurfacing repairs 18<sup>th</sup> /19<sup>th</sup> December .( for review)

<u>Lamppost painting</u> continues throughout the area. (Discretionary fund)





#### **Graffiti Removal**

480 sq. m of graffiti has been cleansed by the contractor so far in November/December

Engagement continues where graffiti is reported on <u>private property</u> and with Utility companies (ESB, EIR, VIRGIN, GAS NETWORKS, and Irish Water) and other DCC departments including Parks.

Park railings at "The Drain" Ringsend currently being painted. (Break for Christmas)

Mural at City Quay: Graffstop applied 18th December.

#### **Mural At Crampton Court redone**



#### **Joint Policing Committee**

The last 2023 SEA JPC meeting held 7th December.

#### **Community Clean-ups**

Bags and equipment delivered <u>since 1<sup>st</sup> November</u> - **232** batches of bags /equipment delivered to residents, Tidy Towns Groups and Business groups

#### Community Development in Pembroke & South East Inner City December 2023

Following an extremely busy and successful Halloween programme the Community Team were straight into planning a full schedule of Christmas events. Over 35 events took place over the month of December across our community centres, flat complexes and sheltered housing units.

A new initiative this year was the introduction of Christmas trees to our sheltered housing complexes. This simple act has brought an incredibly positive response from residents who proudly decorated their trees, as you can see from the images below.

# Sheltered Housing Complexes' Christmas Trees - bringing a huge amount of joy to the residents!





#### **Direct Provision Garden Project Charleston Rd**

New Resident in Charleston Rd. Ranelagh

A newly established group, D6 for All, held a public meeting in July to welcome 64 refugees as new residents to the community. Since then a sub-group has been set up to engage with the men and see how various groups in the community can assist them to integrate locally. One project, which has taken off, is the gardening group, where Charleston residents and other local residents are working together on the garden at Charleston to cultivate a growing, play and pray area as designed by the residents. DCC Community team are supporting this.

Many residents are also keen to get involved as volunteers in the community and we have facilities this with the re-planting of the village, where residents will work with Tidy Towns.





Above our new residents and gardening group enjoy a coffee in a local café, where they were introduced and welcomed by local business owners.

#### **Ukrainian Group visit to Dublin Lights**

To round off a year of supportive programme for Ukrainian refugees in the Pearse Street area, we had a wonderful respite evening at Dublin Lights in Merrion Square. This gave the group an opportunity to engage with others while enjoying the festive lights.





#### **Neurodiversity Calm Space at the Christmas Tree Lighting Sandymount**

For this year's Christmas tree lighting event in Sandymount we worked with Neurodiversity Ireland to create a Calm Space to make this event accessible to children and families who previously were unable to attend. This calm space gave families the ability to take part without being in the middle of a noisy and busy crowd. It was a huge success and something we will emulate again.



#### Additional Community Christmas lighting in Ringsend, Ranelagh and Sandymount

The villages of Ranelagh and Sandymount were fully lit with cluster lights along all the premises – this will be rolled out further next year. Where business groups in the areas had dissolved this has assisted the re-establishment of them.

The lighting of the trees at Ringsend library plaza has proved extremely popular with locals, who took to social media in praise DCC!















#### **Allotments**

Annual licences for allotments at Blarney Park are due for renewal on 1st February. The Kingfisher Project at Blarney Park continue to overhaul the apiary and have distributed honey to various groups and individuals who have assisted the project.

They project now have Wi-Fi installed at the allotments thanks to funding from Fanagans Funeral Home, 24hr live webcam now available, allowing people to see the wildlife activity in the project. 2024 will see the pixel initiative come into effect, bringing the Kingfisher project out in to the community.

#### **Christmas in the Community**

Our Community Teams supported over 30 Christmas Events and other activities in our villages, flat / housing complexes and at various centres across the Kimmage Rathmines Area in the run up to Christmas, All events ran safely and very successfully with record numbers in attendance at the Christmas Tree Lighting Ceremonies in Terenure and Crumlin. The Christmas Festival run by the Rathgar Business Association in conjunction with the Council was also over-subscribed.

#### **Community Groups**

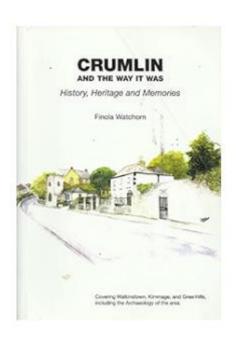
Much of January will be spent re-engaging with community groups / centres / organisations and working on our Community Team Plan for 2023 to coordinate objectives and activities with those groups on the ground. January will also see the commencement of planning for the major annual festivals in Harold's Cross and Crumlin.

#### **Age Friendly Packs**

The Community team will provide 500 age friendly packs to our Senior citizens complexes and vulnerable older people in our community. The packs will consist of gloves, scarfs, hat, blankets, touches, newsletter, puzzles, mind full colour, recipes, mindfulness tips and lots more. The local Garda will assist in the delivery of the packs.

#### **Crumlin / Walkinstown Historical Group**

The group has collaborated with Finola Watchorn to republish 'Crumlin and the Way it Was' a key book in Crumlin's history. The original book files were misplaced, so the group had to reconstruct the 250 page book with small adjustments and hope to reprint and publish it in the start of the New Year.



#### **SOUTH EAST AREA COMMITTEE**

#### **DUBLIN CITY SPORT & WELLBEING PARTNERSHIP REPORT**

**JANUARY 2024** 

#### 2024 - Linking in with National Events & Initiatives

The primary goal of DCSWP is to provide opportunities for everyone to get involved in sport & physical activity regardless of age, gender or ability. DCSWP continues to align the planning and delivery of programmes with national and international events in 2024. This strategic approach helps maximise promotion of the service, adds momentum to local programmes and initiatives and ultimately increases reach across communities in Dublin City.

#### Lord Mayor's 5 Alive Road Race Challenge 2024

The Lord Mayor's 5 Alive is back for 2024 and is aimed at novice walkers/joggers/runners and people wanting to get back on track with their fitness goals.

The Challenge kicked off for 2024 in the Phoenix Park on 1<sup>st</sup> January with the Tom Brennan memorial 5k race. The challenge is to complete the three remaining races below and a park run (within the time period 1st January 2024 and 6th April 2024). Participants have received T-Shirts and a medal will be presented by the Lord Mayor after the end of the last race - DCC / BHAA 4 Mile Road Race – 6<sup>th</sup> April 2024 @ 11.00 (TBC).

- Raheny 5 Mile Raheny Village/St. Anne's Park 28 January 2024 @ 3pm
- Sandymount Night Run 10k or 5k Sandymount 12 March 2024 @ 7.30pm
- > DCC / BHAA 4 Mile Road Race BHAA / Dublin City Council 4 Mile Road Race St. Anne's Park 06 April 2024 @ 11am (DCC will register and pay entry fee)

#### **Change For Life 2024**

Change For Life (CFL) is Dublin City Sport and Wellbeing Partnership's eight-week core programme aimed at transforming the long-term health and wellbeing of communities across Dublin City. Change For Life runs in tandem with and emulates the formula of RTE's Operation Transformation from January to March every year. The programme initially targeted adults but broadened in recent years to include young people and a Dublin City employee programme focused on supporting staff to develop health habits for life.

Details of CFL South East Area (SEA) programmes are included in the core programme section.

<u>Pre-Assessment</u> <u>Fitness Classes\*</u> <u>Post-Assessment</u>

**Date:** 9<sup>th</sup> January **Date:** Tuesday and **Date:** 8<sup>th</sup> February

2024 Thursday 2024

**Time:** 12- 2 p.m. **Time:** 12:45- 1:15pm **Time:** 12 – 2 p.m.

**Location:** Room 132 **Location:** St Catherine's **Location:** Room 132

Community Sports

Block 1, Floor 3 Centre Block 1, Floor 3

#### **Dublin City Council Sports Plan**

New plan to align with the City Development Plan & National Sports Policy Final Draft to feature two separate but inter-related documents:

Sports Infrastructure Strategy

> Sports Provision & Programming Strategy (including review of DCSWP)

#### **Purpose**

 A common vision for improving sport and recreation provision and participation across Dublin City

The actions that must be taken to achieve this vision

The role Dublin City Council and other organisations will play

#### **Timeframe Update**

- Tender for consultant via e-tenders was published at the end of 2022 and was awarded to Teneo Strategy Ireland Ltd
- Work commenced in March and began with an extensive stakeholder engagement phase.
- Teneo has also completed all of the research and data analysis elements of the Sports Plan development
- The first iteration of the Sports Plan is currently being drafted and Teneo is working closely with the City Council Project Team and Steering Group to ensure all expected outputs and items within scope have been addressed and covered off
- The finalised draft document is expected to be completed early 2024

#### **Operation Transformation Walks 2024**

OT walks will commence in January 2024. DCSWP Sport Officers are engaging with local walking groups targeting all ages in the SEA. Details to be included in January reports.

#### **DCSWP Communications**

All DCSWP highlight programmes continue to be supported by social media channels and the DCSWP Virtual Hub. See below:

- Dublin City Sport & Wellbeing Partnership Virtual Hub: www.dcwsphub.ie
- > Email: sports@dublincity.ie

- > Twitter: Dublin City Sport & Wellbeing Partnership (@dccsportsrec) / Twitter
- Facebook: <u>Dublin City Sport & Wellbeing Partnership | Facebook</u> Instagram: <u>@dublincitysportandwellbeing</u>

### **South East Area Core Programme January Highlights**

#### **Change For Life (Underactive Communities)**

Name of programme:	Change For Life
Description of programme activity :	Programme of activities over eight weeks to encourage healthy lifestyles including assessments, classes and nutritional talks
Age group:	18+ years
Gender:	Mixed
Date/time and location:	The Evergreen Club, Terenure. Weekly programme over multiple days. Commencing January. Times TBC

Name of programme:	Change For Life
Description of programme activity :	Programme of activities over 8 weeks to encourage healthy lifestyles including assessments, classes and nutritional talks
Age group:	18+ years
Gender:	Mixed
Date/time and location:	Harold's Cross National School. Weekly programme over multiple days. Commencing January. Times TBC

Name of programme:	Change For Life
Description of programme activity :	Eight week walking programme
Age group:	18+ years
Gender:	Mixed
Date/time and location:	Commencing January. Various locations in the SEA. Times and dates TBC.

Name of programme:	Change For Life
Description of programme activity :	Programme of activities over eight weeks to encourage healthy lifestyles including assessments, classes and nutritional talks.
Age group:	18+ years
Gender:	Mixed
Date/time and location:	Irishtown Stadium. Commencing January. Times and dates TBC.

Name of programme:	Change For Life

Description of programme activity :	Eight week social hiking initiative.
Age group:	18+ years
Partners:	Ballyfermot Adventure Centre
Gender:	Mixed
Date/time and location:	TBC e.g.: locations such as Phoenix
	Park/Dublin Mountain Trails etc.

# Youth at Risk/Youth Fit (Young People at Risk Age 10-24 Years/Schools/Youth Groups)

Name of programme:	After-school Programme
Description of programme activity :	Multi-sport activity
Partners:	Harold's Cross National School
Age group:	4- 12 years
Gender:	Mixed
Date/time and location:	Every Thursday from 1pm

Name of programme:	Youth At Risk Winter Programme
Description of programme activity :	Ice-skating programme reinforcing the benefits of developing social connections while enjoying physical activity in a safe environment.
Partners:	RICCY's South East Area Youth Services Dun Laoghaire Ice rink
Age group:	10-16years
Gender:	Mixed
Date/time and location:	Details of January programme TBC

Name of programme:	Youth Fit Teen Rugby
Description of programme activity :	Tag Rugby School development programme aimed at teenage girls/youth at risk
Partners:	CBS Secondary School, Westland Row
Age group:	13-18 years
Gender:	Female
Date/time and location:	Pearse St. Recreation Centre. Every
	Wednesday from 3pm

Name of programme:	Youth Fit School Indoor Athletics
Description of programme activity :	Tag Rugby School development
	programme aimed at teenage girls/youth at
	risk
Partners:	Local SE area schools. Celtic Athletics Club
Age group:	10-12 years
Gender:	Mixed
Date/time and location:	National Indoor Track, Sport Ireland
	Campus, Santry. Commencing Thursday
	25 <sup>th</sup> January

Name of programme:	Youth Fit Dragon Boat Programme
Description of programme activity :	Open day leading in to proposed beginner
	programme.
Partners:	Dublin Viking Dragon Boat Club,
	Waterways Ireland
Age group:	18+years
Gender:	Mixed
Date/time and location:	Grand Canal Dock. Saturday 3rd February
	(Open Day)
Name of programme:	Youth At Risk Drop-In
Description of programme activity :	Drop-in multi-sport programmes
Partners:	Clay Youth Project
Age group:	13-19 years
Gender:	Mixed
Date/time and location:	To continue in Clogher Rd. Centre

Name of programme:	Youth Fit/Get all Girls Active – Learn To Skate
Description of programme activity :	Beginners programme aimed at young females
Age group:	13-17years
Gender:	Mixed
Date/time and location:	Bushy Park Skate Park. Details of 2024 programme TBC

## Forever Fit (Older Adults age 55+ years)

Name of core programme:	Forever Fit – Lorcan O'Toole, Crumlin
Description of programme activity:	Chair Fit
Partners:	Lorcan O'Toole centre Crumlin/Kimmage
Age group:	Age 55+ years
Gender:	Mixed
Date/time and location:	Ongoing in Lorcan O'Toole centre every
	Wednesday from 11am.

Name of Programme:	Forever Fit Harold's Cross
Description of programme activity:	Chair Yoga aimed at improving flexibility,
	strength and balance for Older Adults
Age group:	Age 55 + years
Gender:	Mixed
Date/time and location:	Ongoing in Harold's Cross Parish Centre
	every Monday from 11am
Name of core programme:	Forever Fit Terenure
Name of core programme:  Description of programme activity:	
	Forever Fit Terenure
	Forever Fit Terenure Chair based multi-activity programme
Description of programme activity:	Forever Fit Terenure Chair based multi-activity programme aimed at improving fitness and mobility
Description of programme activity:  Age group:	Forever Fit Terenure Chair based multi-activity programme aimed at improving fitness and mobility Mixed. Age 55+ Years

Name of core programme:	Forever Fit, Donnybrook	
Description of programme activity:	Chair based yoga programme aimed at	
	improving flexibility/mobility	
Age group:	Mixed. Age 55+ Years	
Date/time and location:	Beech Hill Community Centre, Donnybrook.	
	Every Wednesday from 11am.	

## Champions – People with physical, intellectual and sensory disabilities.

Name of programme:	Zumba
Description of programme activity :	St. Michael's House (SMH) partnership
	programme
Age group:	18-24 years
Gender:	Mixed
Date/time and location:	SMH Rathmines. Every Wednesday from
	12.30pm

#### **Thrive – Adults with Mental Health Difficulties**

Name of programme:	Thrive Mindfulness Programme
Description of programme activity:	Mindfulness and exercise
Age group:	18+ years
Partner	St. Michael's House (SMH)
Gender:	Mixed
Date/time and location:	SMH Rathmines. Every Wednesday from
	12.30pm

## **Health Improvement in the Community**

Name of programme:	D6 Holistic Health
Description of programme activity :	Holistic Mental Health & Exercise programme for people experiencing mental health difficulties (referral only)
Partners:	HSE Occupational Therapists
Age group:	Adults
Gender:	Mixed
Date/time and location:	Swan Leisure Centre. Commencing in February. Details TBC

Name of programme:	D4 Tai Chi
Description of programme activity :	Older Adult programme aimed at adults
	aged 55+ years experiencing mental health
	difficulties.
Partners:	HSE Occupational Therapists
Age group:	Adults
Gender:	Mixed
Date/time and location:	Irishtown & Ringsend Centre. Commencing
	Wednesday 10 <sup>th</sup> January from 10.30am

Name of programme:	Men On The Move Terenure
Description of programme activity :	Holistic Mental Health & Exercise programme for people experiencing mental health difficulties (referral only)
Partners:	HSE Occupational Therapists
Age group:	Adults
Gender:	Mixed
Date/time and location:	Swan Leisure Centre. Commencing in February. Details TBC

#### **Sport Inclusion & Integration (Citywide)**

Two DCSWP Sport Inclusion and Integration Officers have been appointed and will take up employment in January 2024. Further information on 2024 initiatives will be outlined in the next report.

Inclusion in Sport is a priority for DCSWP's and the appointment of two dedicated officers will expand the reach of these targeted programmes.

The following programmes are delivered on a citywide basis and include partners and participants from the South East Area:

Name of programme:	Bravo Volleyball Programme
Description of programme activity :	Inclusive programme aimed at supporting
	LGTBQ + participation in clubs in the SEA.

Name of programme:	Shelbourne Football For All Programme	
Description of programme activity :	Programme aimed at service users from	
	multiple services age 16+ years	
	experiencing mental health difficulties.	

Name of programme:	Ukrainian Crisis Centre Winter
	Programme
Description of programme activity :	Multi-sport initiative aimed at all ages.
	Delivered in partnership with
	emergency/housing services etc. Takes
	place in St. Catherine's Sport & Fitness
	Centre every Wednesday in December and
	early January 2024

#### **Active Cities**

An update on 2024 Active Cities initiatives will be included in the February report. See contact details below for any queries.

#### **DCSWP South East Area Co-Funded Programmes**:

#### **Athletics in the Community**

Couch to 3/5k and walking community programmes will continue in the South East area in partnership with the Co-funded Athletic Officers. Officers will be engaging with schools around track and field programmes such as training for schools cross country 2024 (in partnership with DCC's Park Department) and the School's Indoor Athletics programme in the SEA (see above in core programmes).

#### **Boxing in the Community**

The 2023 Startbox programme Gold programmes concluded in the South East area schools in December with the showcase finals. The programme commences for 2024 in mid-January in the following SEA schools:

- > Scoil Chaitriona NS, Baggot St.
- > St. Colmcille's Secondary School, Terenure
- Harold's Cross Educate Together NS
- Catherine McCauley NS, Baggot St (children with dyslexia)
- City Quay NS

#### **Cricket in the Community**

- ➤ The DCSWP Cricket Development Officer continues to engage with local schools in softball cricket sessions (St. Matthews NS, Thursdays from 1pm, Star of the Sea, Rinsgend Thursdays from 11am and ST. Joseph's, Terenure, Tuesdays from 12.50pm). Programmes to commence from 25<sup>th</sup> January aimed at young people age 8-13 years.
- ➤ DCC under 15 Boys and Girls Cricket training will continue in 2024 in Merrion Cricket Club every Friday from 3.30pm.
- ➤ Table Cricket Sessions (Disability Inclusion) will commence on Monday 22<sup>nd</sup> January 2024 in partnership with Enable, Sandymount.

#### **Football in the Community**

- ➤ PDP 1 coach introductory sessions in partnership with St. Marian's College, Sandymount and Ringsend College (16-18 years)
- School Introductory sessions aimed at schools in the D2 and D4 area every Thursday.
- Club Development aimed at local clubs in the SEA. Delivered on an on-demand basis.
- Glow Football taster sessions aimed at teenage girls (14-16 years)
- Female Development afterschool session in Irishtown Stadium (6-10 years)
- > 'Kickfit' Women in Football community programme in Ringsend

#### **Rowing in the Community**

The Get Going Get Rowing weekly indoor 2024 programme will commence in 2024 in the following SEA schools:

- Presentation CC, Terenure every Monday aimed at young people (12-18 years)
- Sandymount Park Community College every Monday (from 19<sup>th</sup> February) aimed at young people (12-18 years)

#### **Rugby in the Community**

Primary Tag Rugby sessions will commence in 2024 in the following SEA schools:

- > St. Matthew's NS Sandymount,
- Ranelagh Multi-Denominational School
- Scoil Mhuire, Sandymount
- > St. Louis Primary School, Rathmines

Secondary Contact Rugby sessions will commence in 2024 in the following SEA schools:

- Gonzaga College, Ranelagh
- > The Teresian School, Stillorgan

Club Development will continue through the Active Coach Badge programme. Participating clubs for 2024 are Landsdowne FC and Old Belvedere RFC, Ballsbridge.

#### **Swimming in the Community**

- ➤ The Artistic Swimming programme aimed at females age 8+years will commence mid-January in Markievicz Swimming Pool.
- ➤ The Youth Fit 'Learn to Swim' programme will be delivered in Trinity College Pool and Markiewicz Swimming Pool in the coming weeks in partnership with Foroige Youth Services and local SEA schools.
- 2024 citywide programmes will be delivered in DCC facilities in Sean McDermott St and Coolock Swimming Pool and in Trinity College Pool and will include participants from the SEA. Programmes include learn to swim and inclusive/accessible initiatives aimed at adults.

#### **Training for 2023**

Safeguarding 1, 2 & 3 Training continues on an on-demand basis.

## **CONTACT DETAILS:**

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